



## **Hampshire & Isle of Wight Healthcare Foundation Trust**

### **Drop-in Clinics – February 2026**

**To meet an NHSP representative at the Local Office**  
**(NHSP Office, L1, Tom Rudd Unit, Moorgreen Hospital, West End, Southampton SO30 3JB)**  
**please book using the following link: [HIOWH Appointment Booking Link](#)**

**To meet an NHSP representative on the Isle of Wight**  
**(Sevenacres, St Marys Hospital, Parkhurst Rd, Newport PO30 5TG)**  
**please book using the following link: [HIOWH Appointment Booking Link](#)**

***Please note: if you turn up without an appointment you may be turned away.***

**Please note that drop-ins are under constant review and there may be changes at short-notice.**  
**Please call us on 03330 143676 to confirm the drop-in you wish to attend is still going ahead.**

<b>Location</b>	<b>Area</b>	<b>Day</b>	<b>Time</b>
Lymington New Forest Hospital	Reception	Tuesday 3 <sup>rd</sup> February	10:00 – 11:00
Antelope House	Reception	Tuesday 3 <sup>rd</sup> February	13.00-14.00
Sevenacres, St Mary's Hospital, Isle of Wight	Sevenacres Reception	Wednesday 4 <sup>th</sup> February	10:30 – 12:00
Western Community Hospital	Conan Doyle Ward (Day Room)	Thursday 5 <sup>th</sup> February	10:00 – 11:00
Gosport War Memorial Hospital	Café	Thursday 5 <sup>th</sup> February	10:00 – 11:00
Tatchbury Mount	Sterne 7 Cafe	Tuesday 10 <sup>th</sup> February	09:30 – 10:30
Lymington New Forest Hospital	Reception	Tuesday 10 <sup>th</sup> February	10:00 – 11:00
Antelope House	Reception	Tuesday 10 <sup>th</sup> February	13:00 – 14:00
Parklands Hospital	Reception	Wednesday 11 <sup>th</sup> February	10:00 – 12:00
Sevenacres, St Mary's Hospital, Isle of Wight	Sevenacres Reception	Wednesday 11 <sup>th</sup> February	10:30 – 12:00
St Mary's Hospital, Portsmouth	Reception	Wednesday 11 <sup>th</sup> February	11:00 – 12:00
Harry Sotnick House	Reception	Wednesday 11 <sup>th</sup> February	13:00 – 14:00
Western Community Hospital	Conan Doyle Ward (Day Room)	Thursday 12 <sup>th</sup> February	10:00 – 11:00
Lymington New Forest Hospital	Reception	Tuesday 17 <sup>th</sup> February	10:00 – 11:00
Serenity Path	Reception	Tuesday 17 <sup>th</sup> February	10:00 – 11:00



<b>Antelope House</b>	Reception	Tuesday 17 <sup>th</sup> February	13:00 – 14:00
<b>Parklands Hospital</b>	Reception	Wednesday 18 <sup>th</sup> February	10:00 – 12:00
<b>Sevenacres, St Mary's Hospital, Isle of Wight</b>	Sevenacres Reception	Wednesday 18 <sup>th</sup> February	10:30 – 12:00
<b>St Mary's Hospital, Portsmouth</b>	Reception	Wednesday 18 <sup>th</sup> February	11:00 – 12:00
<b>St James Hospital</b>	Limes Reception	Wednesday 18 <sup>th</sup> February	13:30 – 14:30
<b>Alton Community Hospital</b>	Reception	Wednesday 18 <sup>th</sup> February	14:30 – 15:30
<b>Western Community Hospital</b>	Conan Doyle Ward (Day Room)	Thursday 19 <sup>th</sup> February	10:00 – 11:00
<b>Gosport War Memorial Hospital</b>	Café	Thursday 19 <sup>th</sup> February	10:00 – 11:00
<b>Elmleigh</b>	Reception	Thursday 19 <sup>th</sup> February	13:30 – 14:30
<b>Tatchbury Mount</b>	Sterne 7 Cafe	Tuesday 24 <sup>th</sup> February	09:30 – 10:30
<b>Lymington New Forest Hospital</b>	Reception	Tuesday 24 <sup>th</sup> February	10:00 – 11:00
<b>Antelope House</b>	Reception	Tuesday 24 <sup>th</sup> February	13:00 – 14:00
<b>Parklands Hospital</b>	Reception	Wednesday 25 <sup>th</sup> February	10:00 – 12:00
<b>Sevenacres, St Mary's Hospital, Isle of Wight</b>	Sevenacres Reception	Wednesday 25 <sup>th</sup> February	10:30 – 12:00
<b>St Mary's Hospital, Portsmouth</b>	Reception	Wednesday 25 <sup>th</sup> February	11:00 – 12:00
<b>Harry Sotnick House</b>	Reception	Wednesday 25 <sup>th</sup> February	13:00 – 14:00
<b>Western Community Hospital</b>	Conan Doyle Ward (Day Room)	Thursday 26 <sup>th</sup> February	10:00 – 11:00
<b>Petersfield Community Hospital</b>	Reception	Thursday 26 <sup>th</sup> February	10:00 – 11:00



### **Address Details for Drop-in Clinics**

- Alton Community Hospital, Chawton Park Road, Alton, GU34 1RJ
- Antelope House, Brintons Terrace, Southampton, SO14 0YG
- Elmleigh Hospital, 61A New Lane, Havant, PO9 2JJ
- Fordingbridge Hospital, Bartons Rd, Fordingbridge, SP6 1JD
- Gosport War Memorial Hospital, Bury Road, Gosport, PO12 3PW
- Harry Sotnick House, Cranleigh Avenue, Fratton, Portsmouth PO1 5LU
- Lymington New Forest Hospital, Ampress Park, Wellworthy Road, Lymington, SO41 8QD
- Melbury Lodge, Royal Hampshire County Hospital, Romsey Road, Winchester, SO22 5DG
- Parklands Hospital, Aldermaston Road, Basingstoke, RG24 9RH
- Petersfield Community Hospital, Swan Street, Petersfield, GU32 3LB
- Ravenswood House, Knowle, Fareham, PO17 5NA (use PO17 5ND for sat navs)
- Serenity Path Hospital (previously Leigh House), Alresford Road, Winchester, SO21 1HD
- Sevenacres, St Marys Hospital, Parkhurst Rd, Newport, Isle of Wight PO30 5TG
- St James Hospital, Locksway Road, Southsea PO4 8FE
- St Marys Hospital, Milton Road, Portsmouth PO3 6AD
- Tatchbury Mount, Sterne 7 Building, Calmore, Southampton, SO40 2RZ
- Western Community Hospital, William Macleod Way, Southampton, SO16 4XE

**Trust Services Partners:** Amy Newsome, Callum Johnson, Elaine Spark & Linda Payne

### **NHSP Local Office Details**

**Address:**

NHSP Office  
L1 Tom Rudd Unit  
Moorgreen Hospital Botley Road  
West End  
SO30 3JB

**Hours:** Monday–Friday, 09:00-17:00

**Tel:** 03330 143676

**Email:** [hiowh@nhsprofessionals.nhs.uk](mailto:hiowh@nhsprofessionals.nhs.uk)

**Flexible Worker Advisors:** Aisha Lawrence & Lisa Maxted

**Trust Operations Manager:** Victoria Williams